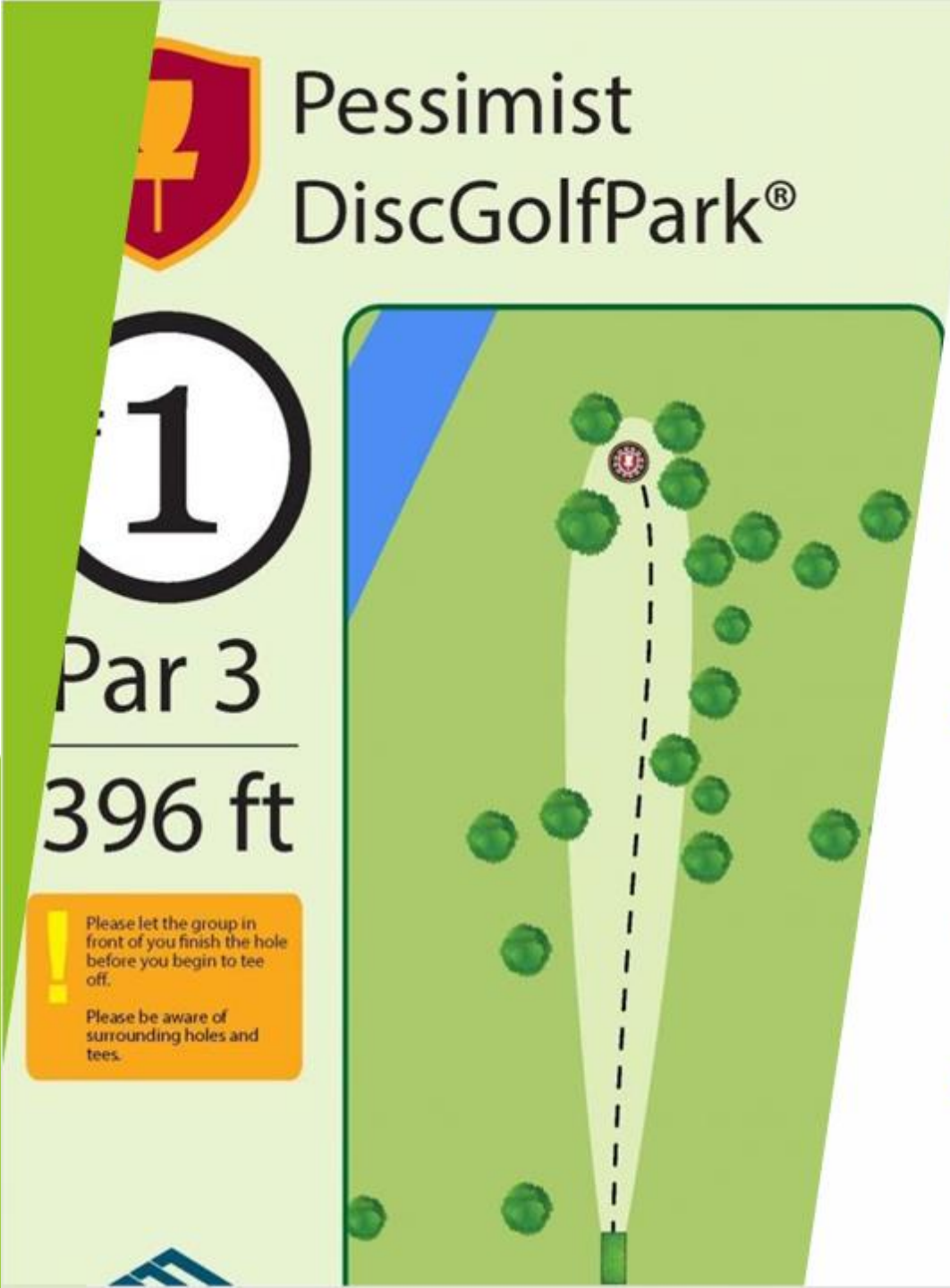
Benefits of Disc Golf

Why Every Town Should Have a Course



What is Disc Golf?

- Instead of hitting a ball into a hole, you throw a more streamlined looking Frisbee ® disc into a supported metal basket.
  - The variety of discs is similar to the variety of clubs in a golf bag
- One throw (stroke) is counted each time the disc is thrown and when a penalty is incurred.
- The goal is to play each hole in the fewest strokes (throws) possible until it comes to rest in the basket.
- Distances in disc golf compare to traditional golf but think “feet” instead of “yards”
- Every fairway is unique.
  The trees, shrubs, and changes in terrain on and around the fairways provide challenging obstacles for the golfer.

Courses = Smart Infrastructure

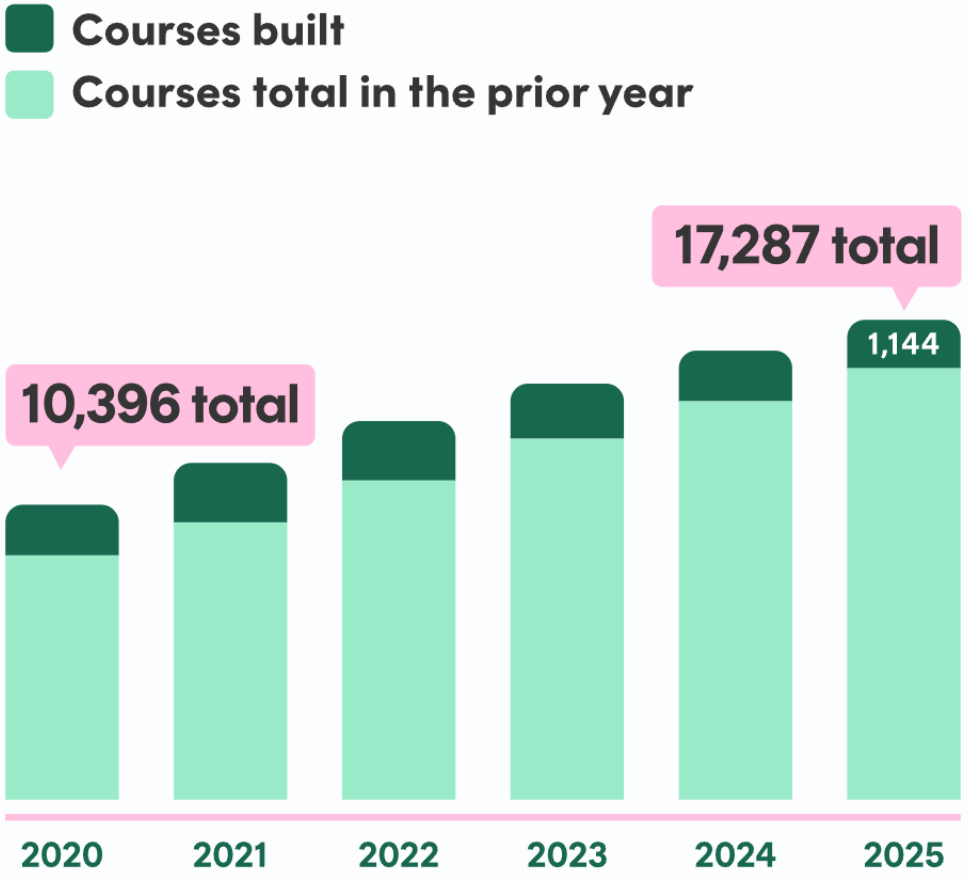
17,287 courses in 99 countries

89% of disc golf courses are free to play

3 new courses built per day in 2025

Serves twice as many people per hour as pickleball

Disc golf courses worldwide



UDisc

Participation = Healthy Recreation

86% annual participation growth since 2020

21.2 million rounds played in 2025

33 million hours spent on the course

80.5 billion steps walked

2025

Disc golf near Dieppe DGC

Most played courses

1	Dieppe DGC	9,347 rounds
2	CDT Disc Golf Course	8,783 rounds
3	RHS Tricky Trail	3,565 rounds
4	Beech Hill Park Disc Golf Course	2,485 rounds
5	Disque Golf Memramcook	1,497 rounds
6	École Mathieu-Martin	866 rounds
7	Parcours Cormier Village DGC	602 rounds
8	Notre Centre	472 rounds
9	Maple Park Future Forest Course	338 rounds
10	Hillcrest School DGC	107 rounds

UDisc Impact Report

2025

Disc golf near Dieppe DGC

Total rounds played

28,273 +9%

Holes played +7%	435K
Throws +6%	2M
Unique players +13%	1,527
Brand new players	332

UDisc Impact Report

The Disc Golf Growth Report 2026

In a single round of disc golf, a player nets an average of:

3,800
total steps

400
calories burned

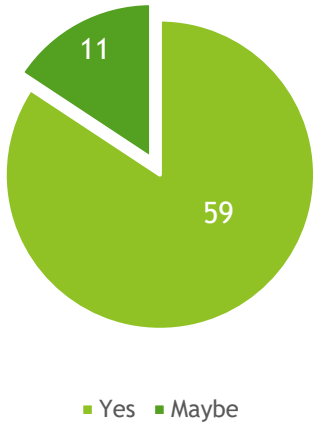
93
minutes outside

A boost
to their mental health

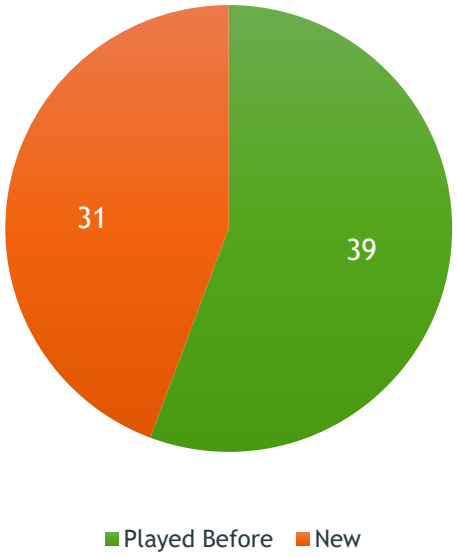
UDisc

Survey

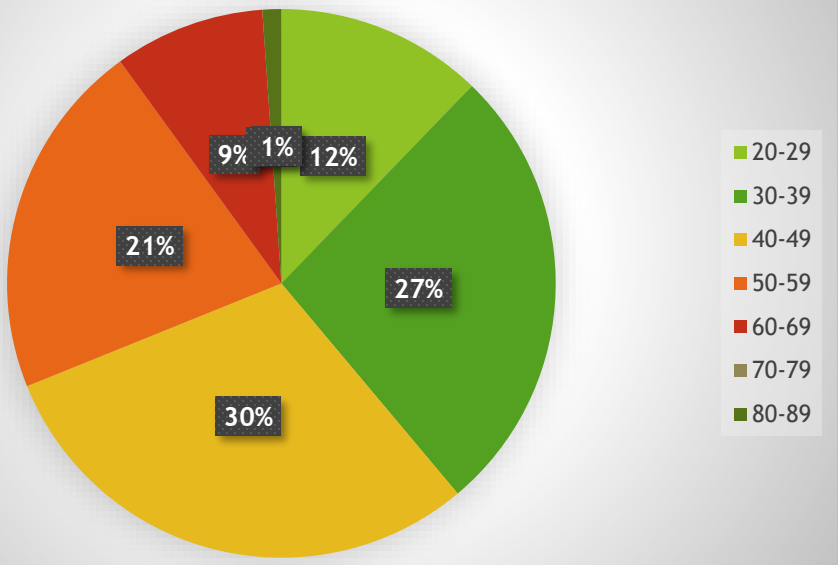
Interested in Playing at 5-Rivers



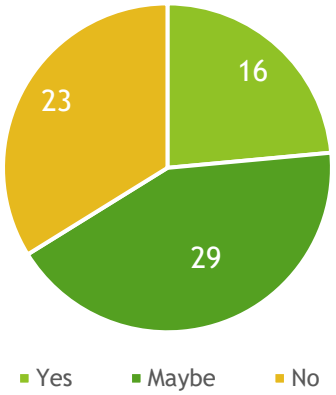
Played Before



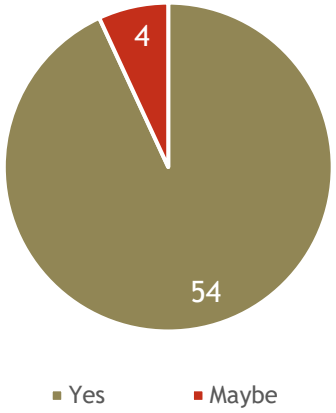
Age Group



Willing to Volunteer



Willing to travel to 5-Rivers



It Fits All Terrains

- **Disc golf can be played anywhere**

  Good course design uses the natural features of the land whether that is open space, rocky terrain, heavily wooded, or combinations of each.

- **It can breathe life in an underused green space, park, or woodlot**

It Fits All Weather

People will use their local courses all year round if it is kept up in the winter. All that is required is to have a groomed track to walk on or snow that is packed down or not too deep.

- It encourages outdoor exercise 12 months a year
- It offers a creative outlet for players and organizers

It’s a lifetime worth of fun

- **Anyone can play disc golf**

  Any age, gender and/or ability can enjoy disc golf.

- **Disc Golf is a low cost/high reward game.**

  While some courses are “pay-to-play” (usually $5-$10 a day), you can play for free at 80% of courses worldwide.

  The cost of one disc is roughly $10-$30 and a set of 3 can last you a lifetime.

Strong Local Support

- The Maritime Disc Golf Association (MDGA) is recognized by the wider disc golf community around the world.
- It has run the 2 most successful Canadian Championships in our country's history.
- It has supported and promoted over 25 courses and dozens of events.
- **For every new course or event that gets created the MDGA will be there to help the local community, provide support and promote things in every way possible. CLINICS**

Disc Golf Canadian Nationals is coming to NB in 2027

Although too late to have course apart of Nationals, Nationals will be bringing 500+ disc golfers and their families to the region.

Having local course will bring people to area and help support local economy

An annual PDGA Tournament in NB brings in 96 players on average to the area.

FlickLine

Ben Smith

Owner: Flickline Disc Golf
Co-Founder: Maritime Disc Golf Association

- Internationally recognized for contributions to the sport
- Hundreds of Disc Golf clinics hosted and/or sponsored
- 21+ Courses designed & built since 2007
- Responsible forestry practices
- Equipment procurement for clubs, municipalities & schools
- Great value, lost cost, high quality: A true **passion** for the sport

Quote

Ben Smith Quote

Professional design	$10,000
19 Pro level baskets.	$11,400
18 turf pads (5 x 10).	$5,400
Delivery	$1,000
Mulching time.	$20,000
Skid steer	$1,500
General labour.	$12,000
Gravel.	$1,100
Sand.	$400
Signage.	$1,600
(Detailed signs).	($1,600)
Concrete.	$300
Total	$64,700
Taxes	$9,705
Grand total.	$74,405

Puttheads Phase 1

19 Pro level baskets.	$11,400
18 turf pads (5x10).	$5,400
Gravel & Sand	$1,500
Signage	$1,600
Concrete	$300
Total	$20,200
Taxes	$3,030
Grand Total	$23,230

A Positive Community Experience!

- *…the Town of Sackville highly recommends installing a disc golf course in all municipalities.* ***Our course was installed easily and with virtually no environmental impact.*** *We have attracted more visitors to our town and there has been nothing but positive feedback from all park users.*

  Matt Pryde
  Manager of Recreation Programs and Events, **Town of Sackville**

- ***…I fully support the development of a disc golf course in any community.*** *It brings people to parks, connects them with nature, draws visitors, provides opportunities for skill development and community building, and is an affordable, family-friendly activity.*

  John Ansara
  Recreation Director, **Village of New Minas**

Course Name

The Ask

- To convert PIDs 25147364 (8.3 acres), 25147372 (3 acres), 25147380 (50 acres) into a full sized 18-hole disc golf course, while leaving space for possible park expansions.

- Help breathe new life into unused land by transforming it into a welcoming space where people can gather, connect and enjoy the outdoors.

Municipal Contributions

Landscaping Upkeep, Maintenance of debris (fallen trees, etc.), mowing lawn (if needed)

Advertising, Advertising the course, signage for directions to the course, social media awareness, assisting with promotional materials

The Non-profit would be responsible for Shaping and re-shaping the course as necessary. Support from the municipality in equipment/maintenance would be in the interest of all parties to keep the area safe and appealing.

A Win-Win for our Community!

QUESTIONS?!